

Women's WHAM! Hockey Clinic

This is a great opportunity for beginners and recreational players to develop their hockey skills and knowledge!

Here's what you will learn:

- Skating - forward, backwards, how to add power and speed to your stride, edge work, stopping, starting, and transitions
- Shooting - slap shot, wrist shot, backhand shot, quick release and accuracy
- Passing - backhand, saucer and touch passes
- Strategy - game situational drills, offense and defense tactics

When: begins Saturday, January 21, 2012

Days: Saturday 1/21, 1/28, 2/4, 2/11, 2/25, 3/3, 3/10, 3/17
(No ice on Feb 18th)

Times: 7:00 am - 7:50 am

Where: Troy Sports Center, Rink #2

Cost: \$139 for 8 weeks

This is not a USA hockey sanctioned clinic & is not covered by USA Hockey insurance.

Instructors: Theresa "T" Fulgenzi and Laura Slayton

For more information contact: laura@lauraslayton.com 586/808-2689

Space is limited to 25 skaters!

Full Name: _____

Years played/last hockey team: _____

Phone #: _____

Email address: _____

Make checks payable to: **WHAM**

Mail to: Laura Slayton, 4530 Commerce Woods, Commerce Township, MI 48382